



The Confident

B I R T H C O M P A N Y

- ♡ Complete antenatal courses
- ♡ Birth preparation workshops
- ♡ Hypnobirthing classes
- ♡ Doula support



“ I had the most amazing labour and 3 weeks later still feel incredible. If you are considering using the Confident Birth Company just go for it! ”

Private classes can be arranged in your own home in Beds, Herts and Cambs at a time to suit you.

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Courses run in
Biggleswade and Hitchin

www.theconfidentbirthcompany.co.uk